

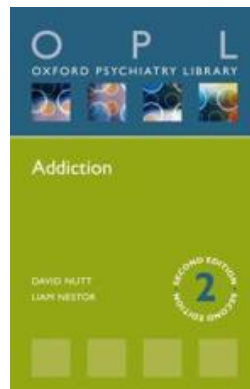
## 2026 Addiction and Dependence Books in the ADF Library.

These 68 books are intended to support people, families, friends and carers, counsellors, psychologists and the public with information to understand, treat and support those people experiencing addiction or dependence. Including books to recommend to clients and to read to children.

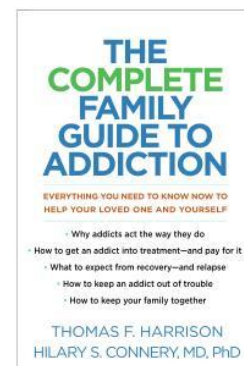
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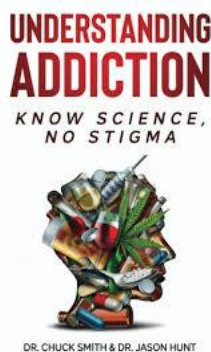
**The urge : our history of addiction**



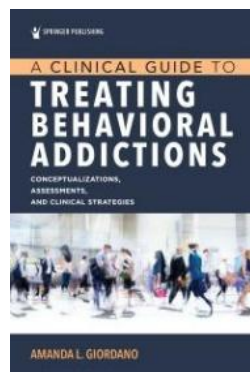
**Addiction**



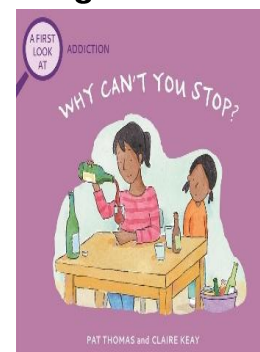
**The complete family guide to addiction : everything you need to know now to help your loved one and yourself**



**Understanding Addiction : Know Science, No Stigma**

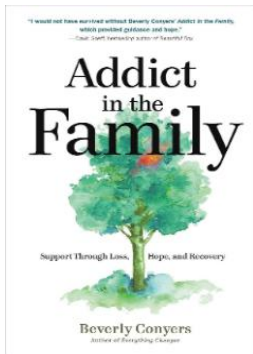


**A clinical guide to treating behavioral addictions : conceptualizations,**

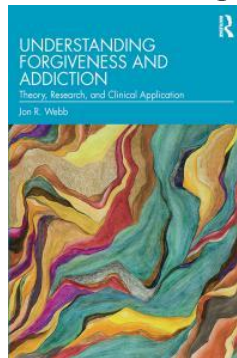


**Why can't you stop? : a first look at addiction**

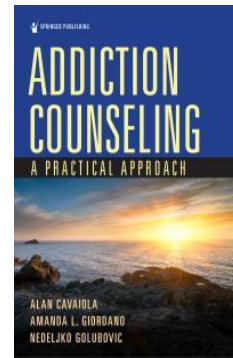
**assessments, and clinical strategies**



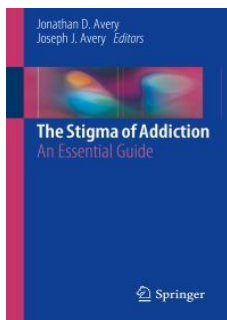
**Addict in the family : support through loss, hope, and recovery**



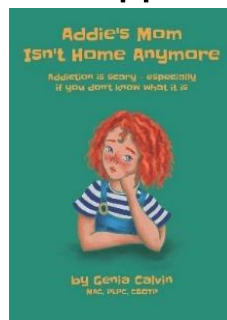
**Understanding Forgiveness and Addiction : Theory, Research, and Clinical Application**



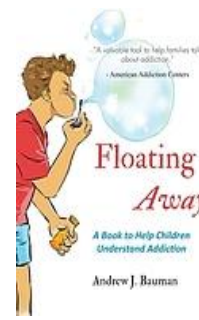
**Addiction Counseling**



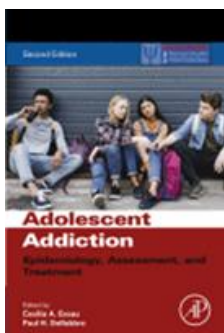
**The stigma of addiction : an essential guide**



**Addie's mom isn't home anymore : addiction is scary- especially when you don't know what it is**



**Floating away : a book to help children understand addiction**



**Adolescent addiction : epidemiology,**

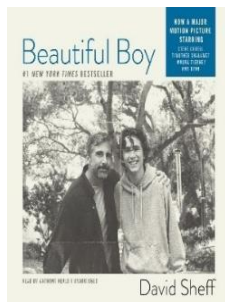


**Mental health information for teens : health tips about mental wellness and**



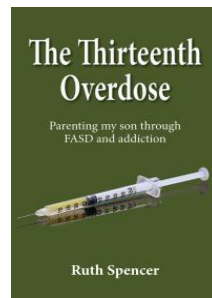
**Alcohol information for teens : health tips about alcohol**

assessment, and treatment



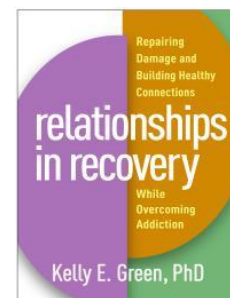
**Beautiful boy: a father's journey through his son's addiction**

mental illness : including facts about recognizing and treating mood, anxiety, personality, psychotic, behavioral, impulse control, and addiction disorders

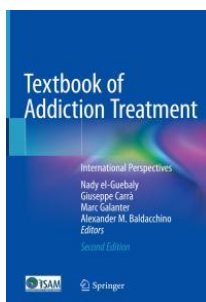


**The Thirteenth Overdose : Parenting my son through FASD and addiction**

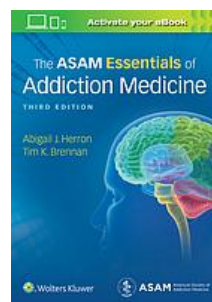
use, abuse, and dependence



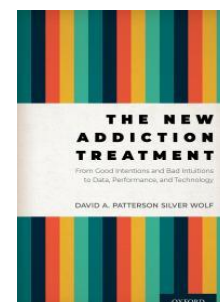
**Relationships in Recovery : repairing damage and building healthy connections while overcoming addiction**



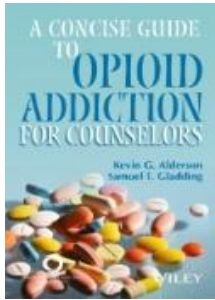
**Textbook of Addiction Treatment : International Perspectives**



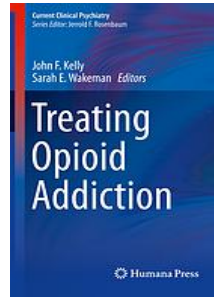
**The ASAM essentials of addiction medicine**



**The new addiction treatment : from good intentions and bad intuitions to data, performance, and technology**



**Concise Guide to Opioid Addiction for Counselors**



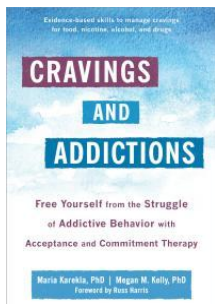
**Treating opioid addiction**

**RECOVERY AND RENEWAL**

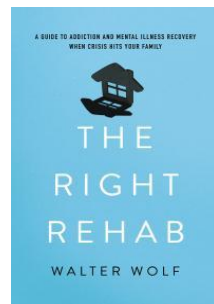


Baylissa Frederick

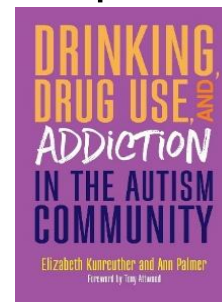
**Recovery and renewal : your essential guide to overcoming dependency and withdrawal from sleeping pills, other benzodiazepine tranquilisers and antidepressants**



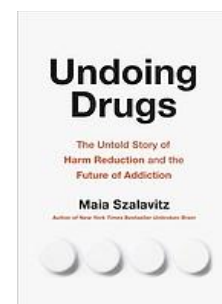
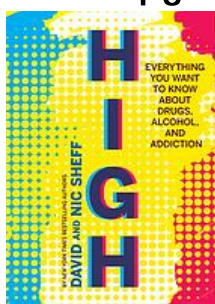
**Cravings and Addictions : Free Yourself from the Struggle of Addictive Behavior with Acceptance and Commitment Therapy**



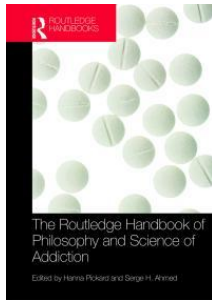
**The Right Rehab : A Guide to Addiction and Mental Illness Recovery When Crisis Hits Your Family**



**Drinking, drug use and addiction in the autism community**

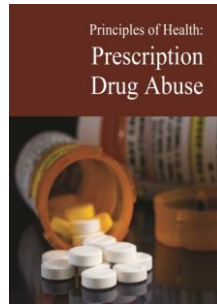


**High : everything you want to know about drugs, alcohol, and addiction**



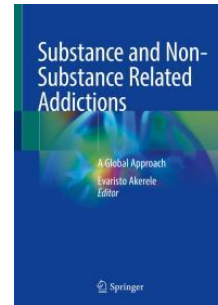
**The Routledge handbook of philosophy and science of addiction**

**Integrated Care in Addiction Treatment**

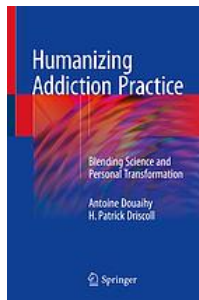


**Principles of health. Prescription drug abuse**

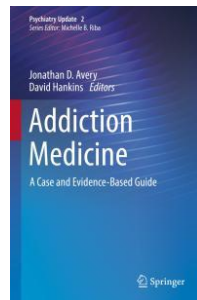
**Undoing drugs : the untold story of harm reduction and the future of addiction**



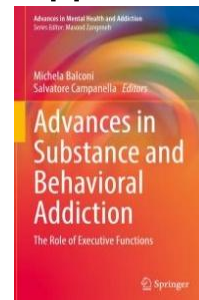
**Substance and non-substance related addictions : a global approach**



**Humanizing addiction practice : blending science and personal transformation**



**Addiction medicine : a case and evidence-based guide**



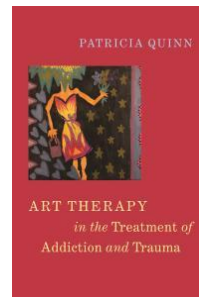
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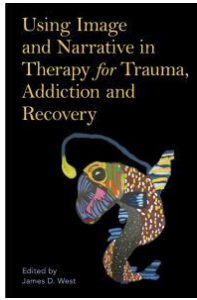
**The family context of adolescent drug use**



**Alcohol : neurobiology of addiction**



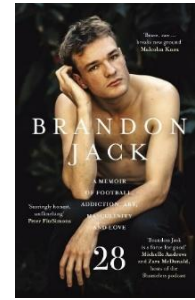
**Art therapy in the treatment of addiction and trauma**



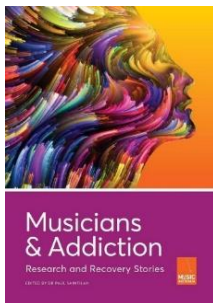
**Using image and narrative in therapy for trauma, addiction and recovery**



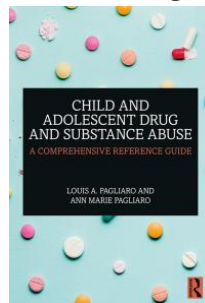
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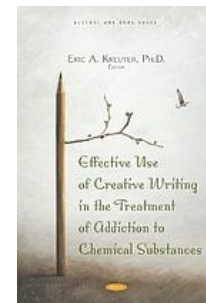
**28: a memoir of football, addiction, art, masculinity and love**



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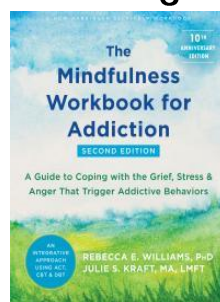
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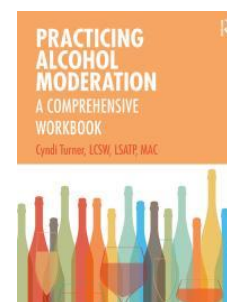
**Effective use of creative writing in the treatment of addiction to chemical substances**



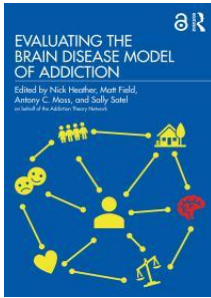
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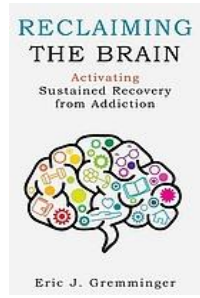
**The Mindfulness Workbook for Addiction : a Guide to Coping with the Grief, Stress, and Anger That Trigger Addictive Behaviors.**



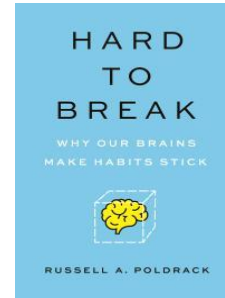
**Practicing alcohol moderation : a comprehensive workbook**



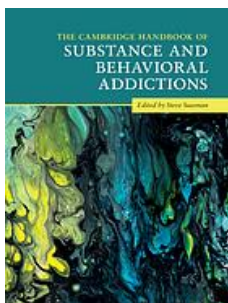
**Evaluating the Brain Disease Model of Addiction**



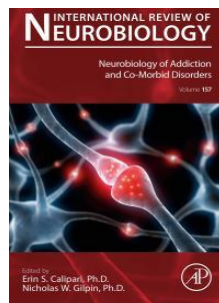
**Reclaiming the brain : activating sustained recovery from addiction**



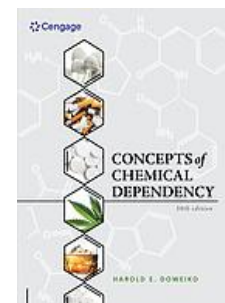
**Hard to break : why our brains make habits stick**



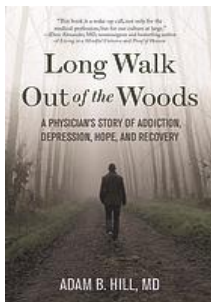
**The Cambridge handbook of substance and behavioral addictions**



**Neurobiology of addiction and co-morbid disorders**



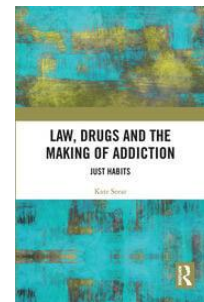
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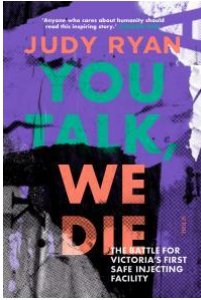
**Long walk out of the woods : a physician's story of addiction, depression, hope, and recovery**



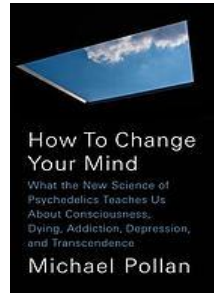
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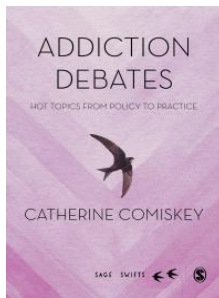
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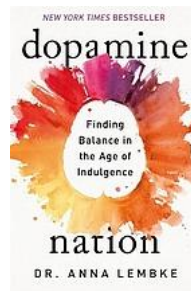
**How to change your  
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**Drug Abuse  
Sourcebook, 6th Ed**



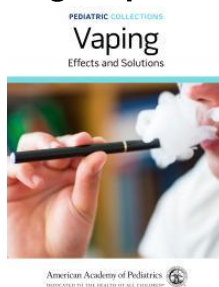
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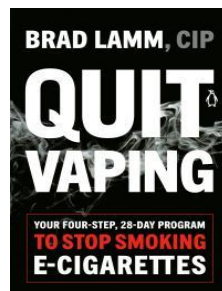
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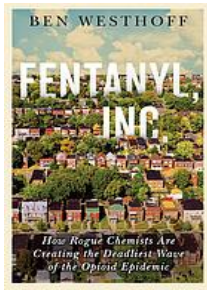
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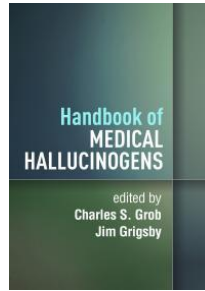
**Quit vaping : your  
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**Beating Drug  
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