

New research evidence. April 2026.

New research evidence articles from the ADF Library's specially selected subscribed journals.

Policy and Regulation

Pettigrew S, Sträuli B, Yusoff A, O'Brien P, Jongenelis M, Jones A, et al. **'Zero Alcohol Drinks Are Really Complex': Navigating Substitution and Addition Consumption Issues.** *Drug and Alcohol Review* [Internet]. 2026;45(3).

AOD use, harms, risks and co-occurring issues

Di Censo G, Thompson K, Bowden J. **Illicit cannabis use among workers in Australia: A nationally representative cross-sectional analysis of prevalence, determinants, and associated absenteeism.** *Drug and Alcohol Dependence* [Internet]. 2026;280.

Barron C, Wynn LL. **The "sneaky vape": the affordances of time and space in the rituals of vaping versus smoking in NSW, Australia.** *Drugs: Education, Prevention and Policy* [Internet]. 2025;32(6):606–20.

Govarthnapany N, Dékány L, Gabrhelík R, Singh D. **Kratom use in adolescents and college students: a systematic review of prevalence, patterns, and risk factors across community and rehabilitation settings.** *The American journal of drug and alcohol abuse* [Internet]. 2026;52(1):5–17.

Harm Reduction and Prevention

Strowger M, Meisel MK, Uriarte S, Colby SM. **A scoping review of Dry January: evidence and future directions.** *Alcohol and Alcoholism* [Internet]. 2025;60(5).

Bartlett M, Jauncey M, Livingston M, Roxburgh A. **Changing Drug Consumption Patterns Among Clients Attending the Medically Supervised Injecting Centre, Sydney: Implications for Service Provision and Harm Reduction Response.** *Drug and Alcohol Review* [Internet]. 2026;45(2).

Willmott E, Cox L, AKrigg K, Steve V, Piatkowski T. **An International Survey of Image and Performance Enhancing Drug Coaches' Practices and Services.** *Journal of Drug Issues* [Internet]. 2026;

Ganaie SA, Wani AM, Shafi A. **Substance use and preventive strategies: understanding the rising trend.** *Journal of Substance Use* [Internet]. 2026;1–6.

Sobolev M, Sleboda P, Torre B, Muench F, Kuerbis A. **Behavioral Design for Reducing Alcohol Consumption in Aging: A Mobile Messaging Randomized Controlled Trial.** *Journal of substance use and addiction treatment* [Internet]. 2026;182:209856.

Treatment, Support, Training and Recovery

Hawkins J, Salmon A, Fernando S, Battle C, Esau S, Snyder D, et al. **'I don't know what we should have done differently': A qualitative study on the dilemmas of 'tough love' and toxic drugs in British Columbia, Canada.** *Drugs: Education, Prevention and Policy* [Internet]. 2026;33(2):156–65.

Robinson LD, Ingram I, Degan TJ, van de Ven K, Lee NK. **Alcohol Use, Demographics and Mental Health of Women Using a Digital Peer Support Program.** *Health promotion journal of Australia : official journal of Australian Association of Health Promotion Professionals* [Internet]. 2026;37(2):e70161.

Bezo A, Roméo B, Le Strat Y, Strika-Bruneau L, Benyamina A, Hermand M. **Does the Perception of Risk Associated with Psychedelics Use Differ in Physicians According to Their Belief of Effectiveness?** *Journal of Psychoactive Drugs* [Internet]. 2026;58(1):1–6.

Lindenfeld Z, Kurtzman ET. **Examining the relationship between social determinants of health with daily tobacco use, binge-drinking, and daily cannabis use.** *PLoS one* [Internet]. 2026;21(3):e0343677.

Kelly J, Armitage E. **Perspectives From Alcohol and Drug Clinicians Towards the Introduction of Peer Worker Roles Within an Australian Alcohol and Other Drug Treatment Service.** *Substance Use & Addiction Journal* [Internet]. 2026;47(2):374–83.

Priority populations

Di Censo G, Thompson K, Mittinty M, Bowden J. **OK Boomer: A longitudinal analysis unravelling generational cohort differences in alcohol consumption among Australians.** *Addiction* (Abingdon, England) [Internet]. 2026;121(2):360–9.

Fallin-Bennett A, Tillson M, Annett J, Feld H, Staton M. **Correlates of recovery capital among women in jails: Leveraging a dimensional recovery framework.** *Addiction research & theory* [Internet]. 2025;

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Lee YY, Sun T, Connor JP, Gartner C, Lai G, Akbar H, et al. **A nationally representative repeated cross-sectional study of 10-year substance use trends among culturally and linguistically diverse Australians.** *International Journal of Drug Policy* [Internet]. 2026;150.

Lee JY, Kim W. **Longitudinal pathway from low academic performance in adolescence to prescription drug misuse in adulthood: The mediating role of substance use and the moderating role of sex.** *The American journal on addictions* [Internet]. 2026;

Media, Social Media, Marketing, Sponsorship and Advertising

Bartram A, Ahad MA, Bogomolova S, Mittinty M, Dono J, Brownbill AL, et al. **Adolescents' Exposure to Zero-Alcohol Advertisements and Attitudes and Consumption Intentions Towards Alcohol: A Cross-Sectional Study.** *Drug and Alcohol Review* [Internet]. 2026;45(2).

Alejandro J, Mair C, Coulter RWS, Chu K-H, Pierce A, Sawicki K, et al. **Alcohol-cancer risk communication on social media: A content analysis of alcohol-related Instagram and TikTok posts.** *Alcohol, Clinical & Experimental Research* [Internet]. 2026;50(2).

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Stigma and Discrimination

Walmsley I. **Coping With the Persistence of Stigma in Recovery: A Qualitative Examination of the Disclosure Experiences of People in Recovery From Problem Drug Use From the Perspective of Modified Labeling Theory.** *Contemporary Drug Problems* [Internet]. 2026;53(1):160–77.

Lived and Living Experience

Wysota CN, Sherman SE, Abroms LC, Ghassabian A, Hernandez S, Young-Wolff KC, et al. **Cannabis use in pregnancy: Key findings from 2021-2023 National Survey on Drug Use and Health data.** *Addictive behaviors* [Internet]. 2026;176:108621.

Sjödén L, Molander O, Ingesson-Hammarberg S, Hammarberg A. **Drinking motives among patients with alcohol use disorder: a longitudinal study.** *Addiction Science & Clinical Practice* [Internet]. 2026;21(1)

Kedia S, Schmidt M, Entwistle C, Ahuja N, Mahmood A, Dillon PJ. **Lived Experiences of Medication for Opioid Use Disorder: Clients' Perspectives on Formulation and Treatment.** *Substance Use: Research and Treatment* [Internet]. 2025;19.

Gambling and Gaming

Heirene RM, Chandrakumar D, Fahey G, Huynh ELY, Gainsbury SM. **Development of lower-risk guidelines for online sports and race betting in Australia using objective behavioural data.** *Harm reduction journal* [Internet]. 2026;23(1).

Radunzel J, Park KH, Endres K. **Polysubstance and Single Substance Use Among Adults: Is Gambling a Differentiating Factor?** *Substance use & misuse* [Internet]. 2026;1–9.