

Help is available.

Don't wait, call now



Drug Info National

1300 85 85 84 / druginfo@adf.org.au

Alcoholics Anonymous National

1300 222 222

Family Drug Support Australia National

1300 368 186

Narcotics Anonymous National

1300 652 820

National Domestic Violence and Sexual Assault Phone Line National

1800 737 732

Domestic Violence Crisis Line ACT

(02) 6280 0900

Alcohol and Drug Services ACT

(02) 5124 9977

Child Protection Access Canberra ACT

1300 556 729

Directions ACT ACT

(02) 6132 4800

Ted Noffs ACT

1800 151 045

Toora Women Inc ACT

(02) 6122 7000

ADF

**Alcohol
and Drug
Foundation**