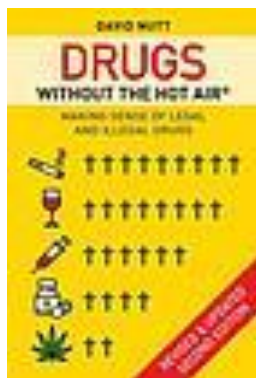


ADF Library Book Review.

Drugs Without the Hot Air: Making Sense of Legal and Illegal Drugs



Author: David J Nutt 1951-(Author)
 eBook 2020
 Revised & updated second edition.

Reviewer Name: Aaron B
Occupation Category: Information Officer at the ADF

Rating: ★★★★★

Overall impression: This is a fantastic book. David Nutt explores the scientific evidence behind different drugs and their related harm, and argues for more sensible policy-making off the back of this evidence.

The book also provides a great history of how different drugs were first created and popularised, as well as exploring historic issues relating to specific drugs - such as the opioid overdose crisis in the U.S.

Favourite bit? When he discusses an editorial he wrote which compared horse riding to taking ecstasy - and found that horse riding was more likely to cause harm.

Your recommendation and why? I think this is an enjoyable read for anybody who is interested in learning about the relationship between drugs and policymaking. Nutt points to academic research and utilises scientific evidence and data - so it appeals to a professional audience. But the easy language and tongue-in-cheek commentary he uses makes it appealing to a more general audience as well.

Who do you think would like to use this book? I think this book is suitable for anybody.

People who work in the AOD or health sector would probably find it most useful, but I also think any member of the public would find it to be an interesting and eye opening read.