

Are you a young person experiencing issues with alcohol or other drugs?

HAVE A CHAT WITH YOUR DOCTOR ABOUT IT WHILE YOU'RE HERE

Any convo about drugs with your doctor is confidential – nobody else needs to know about it.

It doesn't matter what type of drug either – alcohol, cannabis, vaping or other drugs. Your doctor can provide you with help and support options no matter what you're using or how often.

If you don't feel like accessing help, that's OK. You can still speak with your doctor even if you're not ready to make any changes.

Sometimes just chatting with someone about what's been happening is a great first step.

If you don't feel like talking to someone in person – give **druginfo** a call on **1300 85 85 84** for a confidential chat over the phone.