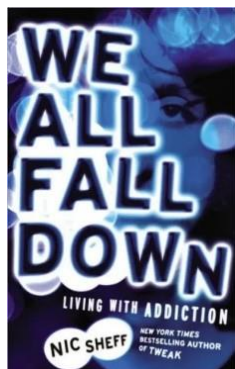


ADF Library Book Review.

We all fall down: living with addiction



Author: Nic Sheff

Print Book 2012

Reviewer Name: L A

Occupation Category: Other - NFP - administration

Rating: 5 being excellent



Overall impression:

Nic Sheff is a natural writer. Everything flows and his reading is so easy that you can lose track of time absorbed in this book. You hope for and with him, get disappointed with him and then hope again. This book shows how easy it is to relapse. You see the imminent self-destruction he is going toward and feel helpless while also get mad at him. When Nic falls, you fall with him. But hope is hard to die...

Favourite bit? :

From the moment the protagonist finds a dog. Animals always give a lot and have the potential to cure human beings, physically and mentally.

Your recommendation and why?

It is always worth reading a personal experience; you can see something from their perspective and get a better understanding of issues you don't have experience on your own or, if you have, you can perhaps find yourself in it and maybe some form of help.

Who do you think would like to use this book?

If you have read "Beautiful Boy" and "Tweak", there is no reason for missing this one; reading this you will come to 'full-circle', considering also that all these three books form the base of the movie "Beautiful Boy".